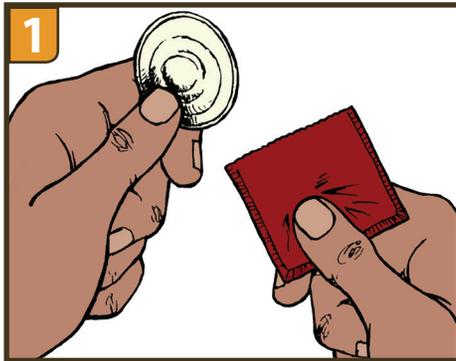


**This document contains sexually graphic images  
and may not be suitable for some audiences.**

# EBOLA SURVIVORS: HOW TO USE A MALE CONDOM



**1**  
Carefully open and remove the condom.



**2**  
Use the condom when the penis is hard.



**3**  
Place condom on penis head.



**4**  
Pinch air out of the tip of the condom.



**5**  
Unroll the condom all the way down the penis.



**6**  
Use a condom every time you have sex.



**7**  
After sex, the survivor should hold condom on the bottom of the penis and pull out of the vagina.



**8**  
The survivor should remove the condom and throw it away.

- After sex, **only** the Ebola survivor should touch the used condom.
- After touching used condoms, wash your hands with soap and water for 40-60 seconds. You can use an alcohol-based hand rub for 20-30 seconds if soap and water are not available. If hands are visibly dirty, use soap and water.
- **Never** reuse condoms. **Never** use two condoms at the same time.
- If any symptoms of Ebola develop within 21 days after contact with semen from a man who has had Ebola, **get care immediately.**

Using condoms is important because in some people Ebola can stay in semen for more than a year

**U.S. Centers for Disease Control and Prevention**